

# CORONAVIRUS COVID-19

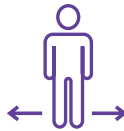
## SYMPTOMS

Watch for fever, coughing and shortness of breath

## PROTECT YOURSELF AND OTHERS



WASH YOUR  
HANDS OFTEN



AVOID CLOSE  
CONTACT



COVER YOUR  
MOUTH AND NOSE  
WITH A MASK



COVER COUGHS  
AND SNEEZES



CLEAN AND  
DISINFECT



MONITOR YOUR  
HEALTH

## WHAT TO DO IF YOU ARE SICK

[Learn more](#)

Most people have mild illness and are able to recover at home. If you think you may have been exposed to COVID-19, **contact your healthcare provider.**

**Stay home and keep track of your symptoms. If you have an emergency warning sign (including trouble breathing), get emergency medical care immediately.**

**CALL AHEAD BEFORE VISITING YOUR DOCTOR**



Stay home except to get medical care



Separate yourself from other people



Monitor your symptoms